



TAGORE MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600127.

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(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare, Govt. of India New Delhi)

PROGRAM / EVENT REPORT	
Name of the program	"MASTER THE PLASTER 3.0"-POP WORKSHOP
Date and Time	08.04.2026, 8.30 am - 3.30 pm
Venue	Lecture Hall 1A, College Block TMCH
Target audience	Undergraduate and postgraduate student
Number of Participants	214
Program Organised by	Department of Orthopaedics
Resource person	Dr.JENSON
Objective of the Program	Enhancing knowledge and practical skills in Plaster of Paris (POP) application and casting techniques.

Detailed report of the program

A workshop titled "Master the Plaster 3.0 (POP WORKSHOP)" was conducted by the Department of Orthopaedics with the objective of enhancing students knowledge and practical skills in Plaster of Paris (POP) application and casting techniques. The programme was designed to provide both theoretical understanding and hands-on training in essential orthopaedic procedures.

The session began with an academic overview covering the invention and evolution of plaster of Paris, along with key principles, precautions, and best practices in POP techniques. Important do's and don'ts were emphasized to ensure safe and effective application. Demonstrations on upper limb POP techniques were also presented, giving



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participants a clear conceptual foundation and visual understanding of standard procedures.

The inaugural segment highlighted the importance of proper casting techniques in orthopaedic practice and encouraged active participation among students. This was followed by sessions focusing on lower limb POP applications and specialized methods such as the Ponsetti technique, particularly relevant in the management of clubfoot. These discussions emphasized clinical applicability and practical relevance in patient care.

A major component of the programme was the hands-on workshop, where students actively practiced POP application techniques under expert supervision. This interactive training significantly improved their procedural skills and confidence in handling real-life clinical scenarios.

The post-session academic discussions included topics such as functional bracing, special casting techniques, and an engaging quiz session that reinforced the knowledge gained throughout the programme. These sessions provided a comprehensive understanding of both basic and advanced casting methods.

An interactive Q&A session followed, allowing participants to clarify doubts and share their learning experiences. Feedback was collected from all attendees to evaluate the effectiveness of the workshop.

The programme concluded with a valedictory session emphasizing the importance of continuous skill development in orthopaedics. Overall, the workshop was highly informative and interactive, successfully achieving its objective of strengthening both theoretical knowledge and practical competence in POP techniques among participants.



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Photos

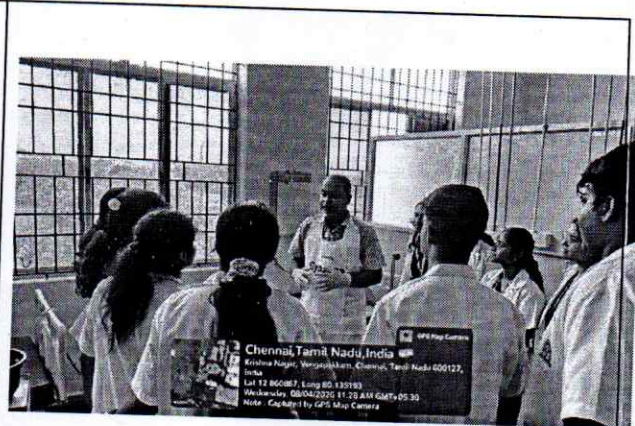


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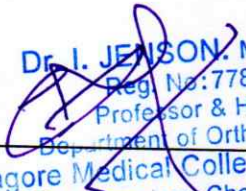


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Certificates

   		
TAGORE MEDICAL COLLEGE AND HOSPITAL (Affiliated to the Tamil Nadu Dr.MGR Medical University)		
ACCREDITATION CERTIFICATE MASTER THE PLASTER		
This is to certify that Dr. R S Ganesh Prasath has participated as a faculty in CME and Workshop on plaster techniques in orthopaedics 'MASTER THE PLASTER' conducted by Department of Orthopaedics, Tagore Medical College and Hospital on 08-04-2026		
 Prof. Dr. Ravichandran Doraiswamy MBBS, MD (Anat), PGDHS, DABRM Dean, TMCH	 Prof. Dr. Jenson I MS(Ortho) HOD, Department of Orthopaedics, TMCH	 Prof. Dr. S. Habeeb Mohammed, MS, FIAGES, FAIS, FBS, DIP. LAP Medical Superintendent, TMCH

(Name filled and with signatures)

 Dr. I. JENSON, MS Ortho., Reg. No: 77882 Professor & Head Department of Orthopaedics Tagore Medical College & Hospital Rathinamangalam, Chennai-600 127. Organising Chairperson	 DEAN TAGORE MEDICAL COLLEGE & HOSPITAL RATHINAMANGALAM, MELAKKOTTAIYUR POST, Chennai-600 127. Head of the Institution
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